What is your life’s mission?

- Who am I?
- What's going on in my life?
- What do I need to do?
- Where am I going?
- Why is my life important?
- How am I going to pay for that?
- What's next?

Are these questions on your mind?
Are you looking for answers and direction for your life?

Ho`oulu Pono will provide basic foundational life skills for adults needing a “stepping stool” to be successful thriving and responsible citizens.

Possibly by changing unhealthy habits, or learning a new way to do a task you will open up opportunities for success, become more organized, cope better with stress and time management, create achievable goals and learn to recognize and appreciate one’s talents and self-identity.

This life skills educational curriculum will include a workbook, calendar, templates, and a website as training tools.

The curriculum will be similar to that of a business seminar. It will provide interactive self-exploration, guidance by expert volunteers, career exploration, resume writing, interview skills, educational training research, and many other key areas that will aid in your healthy growth and personal success.
Missions and Goals

- Provide four 3-week life skills classes in gradual stages
- Enrich lives, expand minds and promote well-being
- Create a program for the Maui Drug Court Phase One Clients.

Values and Visions

- To inspire, motivate, and empower students to own their own success
- To connect concepts through Hawaiian values and culture.

Life Skills 808 Workbook

Stage 1 – Reflection
Self-Identity
Communication Skills & Relationships
Stage 2 – Perfection
Healthy Choices
Stress & Time Management
Stage 3 – Strategy
Exploring Careers
Educational Options
Stage 4 – Action
Money & Budgeting
Setting Goals

It is all about you... acquiring the basic life skills you need to be the best you that you can be – to not only survive, but to thrive.

Ho‘oulu Pono
“To Learn, Live & Thrive”
Life Skills 808 Educational Curriculum

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